

Do you play contact sports ?

Football, Hockey, Rugby, Basketball, Cycling, Martial Arts

You might need a

Mouthguard

Reduce the risk of:

Damaging teeth

Cutting lips and tongue

Jaw fractures (healthhub.sg)



The American Dental Association recommends that mouthguards should be worn during any athletic event, including playtime, practices and games

Ask us how to get your custom made mouthguard today!

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Bright Dental Surgery